

Food Resources:

Food Resource List:

<https://www.chatham-kent.ca/community/Pages/Holiday-Food-Resources.aspx3>

Salvation Army

19 Raleigh St. Chatham
519-354-1430

Outreach for Hunger

10 Wellington St. W, Chatham
519-351-8381
Mon-Fri 8-4

Other:

C-K Legal Clinic

519-351-6771

C-K Community Navigators

Assistance navigating social service programs
519-355-1380

Mental Health Resources:

C-K CMHA Intake Line

519-397-2838

C-K Youth Wellness Hub

519-437-6329
Ages 12-25

RAAM Clinic - Chatham

519-352-6400 x 6740

Indigenous Supports:

Bkejwanong First Nation - Walpole Island Health Centre

519-627-0765

Wulamaliswiikaan Delaware Nation Health Centre

519-692-3969

Drop-Ins and Shelter:

R.O.C.K. Drop-In

39 Richmond Street
519-351-1450

Mon 1-5PM, Wed 1-4PM*
Thurs & Fri 1-5PM

* Community Paramedics & Housing Worker on site Wed from 1-3PM
Food, harm reduction, hygiene supplies, showers & laundry

Pathways on Park (POP)

396 Park St, Chatham
519-354-6628
C-K Transitional Cabin Project

Hope Haven

183 Wellington St W, Chatham
Open daily 10-2
519-351-4010
Meals & hygiene supplies



FIELD GUIDE

FOR NEEDS ON THE GO

HOUSING

I have nowhere to live

If you are experiencing homelessness, call the CK Homeless Response Line at [519-354-6628](tel:519-354-6628)

If you believe that you are at risk of homelessness, please contact Employment and Social Services by calling [519-351-8573](tel:519-351-8573) during regular office hours (M - F, 8:30 am - 4:30 pm).



MENTAL HEALTH

I am having a tough time



CMHA First Response Line 24/7
1-866-299-7447

Chatham-Kent Victim Services
519-436-6630

Suicide Crisis Helpline 24/7
9-8-8

HEALTH CARE

I have health concerns

MobileCare C-K
1-866-299-7447

BridgeCare Walk-In
Sat & Sun 9-4
20 Emma St.

**Community Paramedics
@ R.O.C.K. Drop-In**
Every Wednesday from 1-3
39 Richmond Street

CKHA Emergency Room
80 Grand Ave. W



TRANSPORTATION

I need a ride



**Family Service Kent Carelink
(For medical appointments)**
519-354-6221 x 246

NeighbourLink
519-352-5647

R.O.C.K.
Bus passes when available
519-351-1450